



Base Bulletin

Vandenberg AFB, CA 93437-0759



18 July 2001

No. 29

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to one line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. EMSEC Web Site: For Emission Security (EMSEC) information, check the AFCA Information Assurance web site at <http://www.afca.scott.af.mil/ip/emsec/emsec.htm#emsecpubs>. You will find and review updated information in the form of Emission Security Information Messages (ESIM) at <http://www.afca.scott.af.mil/ip/ip/messages/esim.htm>. (30CS/SCBI, 5-2352)

b. AF Distribution Center Temporary Shutdown: The Air Force Distribution Center is temporarily closed for all services to conduct a wall-to-wall inventory from 16 Jul - 3 Aug 01. The cut-off date for all orders to be processed was 13 Jul 01. This affects on-line ordering of physical or controlled products only. The electronic publications and forms will still be accessible at <http://afpubs.hq.af.mil>. (30 CS/SCSP, 67892/4)

c. AF E-Publishing Web Site E-Mail Address: Effective 2 Jul 01, the e-mail address for the AF Publishing web site was changed from ets@pentagon.af.mil to e-Publishing@pentagon.af.mil. (30 CS/SCSP, 67892/4)

d. Revised Publication: The following item has been revised and posted to the VEPDL: 30SWI32-102, Fire Prevention. (30 CS/SCSP, 67892/4)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTHH)

b. Shipping/Receiving Packages via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DoD approved GSA contract, FedEx is authorized to transport unmarked classified packages to up a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through TMO Cargo Movement unless other arrangements have been made. TMO must be advised on the classification level. Any questions may be directed to MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Susanne Brixler-Staab
Chief, Publishing Management

SECTION III – UNOFFICIAL

Family Support Center: Pre-Register for all Classes, Workshops & Seminars. (30MSS/DPF)

a. Manage Your Move: 18 Jul 01, 1300-1530. For adults on the move, includes briefings from Finance, TMO, Housing, Legal Office, and tips from TRICARE. Have your questions ready and plan to attend within 120-90 days prior to departure. Spouses are encouraged to attend. Call 6-0801 to register.

b. Make This the Year You Get Out of Debt! 19 Jul, 1100-1200. Starting a retirement account or a college fund? Buying the right insurance? Getting out from underneath all that debt. How do you start? This workshop will present solutions to the pressing financial tasks you keep putting off.

c. U.S. Citizenship Exam Preparation Class: 19 Jul 01, 1330-1530. U.S. Citizenship is required for many DoD jobs and to be eligible to vote. What does it take for a person from a foreign land to become a U.S citizen? In addition to being a person of good moral character, they must be at least 18 years old, and pass a test administered by the U.S. Immigration and Naturalization Service. Learn the application procedures and study some sample questionnaires. For more information, call 5-0134.

d. Retiree Events: Monthly meetings are held the third Thursday of every month at 1300. On 19 Jul 01, the Retiree Activity Office (RAO) will host a potluck at 1200 in the Retiree Center, BX area, across from the Four Seasons Store. At 1300, we will have a retirees monthly meeting and the guest speaker, Ms. Peggy Homer, will brief on organization/preserving personal information (i.e., important documents, photos, medical and personal family history. For more details, and to sign up to bring a dish for the potluck, call the RAO at 606-5474.

e. First Time Money Management for Young Adults: 20 Jul, 1000 - 1200 (lunch provided). Youth, teens, and young adults are becoming major consumers and entering the workforce in larger numbers every year. For many, this is the first time they have received a regular paycheck and the questions of what to do next is on their mind. Now is the time to develop good spending plans, money management, checkbook maintenance, and credit that can be the cornerstone to achieving personal financial success.

f. Red Cross Classes: Adult CPR will be offered 18 Jul 01, 1800-2200 or 21 Jul 01, 0900-1300. First Aid Basics will be held 4 Aug 01, 0900-1300, and Pet First Aid is offered on 11 Aug 01- 0900-1300 at the Lompoc office, 312 North H Street. Classes are \$25 each. To register call the Lompoc American Red Cross office at 736-5110.

g. Financial Planning: 23 Jul 01, 1100, at the Family Support Center. Are you financially ready for retirement, college, or a second career? Learn the fundamentals of financial planning principles and how to create a financial plan. Get the information you need to help you make decisions that affect your future. Call 6-4491 for registration or details. **An ATWIND Event!**

h. Sponsorship Training: 23 Jul 01, 1500, at the Family Support Center. Learn sponsorship responsibilities, relocation resources, and tips to assist newcomers to Vandenberg. Contact Relocation Assistance at 6-0801 to register. **An ATWIND Event!**

i. Single Parents Support Group: 24 Jul 01, 1100, at the Pacific Coast Club. The group meets to discuss any issues regarding single parenting as well as self care. For more information call 6-9958. **An ATWIND Event!**

j. Interviewing And Dress For Success: Make a good first impression! Plan to attend on 25 Jul 01, 0900, at the Family Support Center. Learn interviewing behavior tips and career dressing for men and women. Call 6-0039 for registration. **An ATWIND Event!**

k. VA Home Loan Workshop: 25 Jul 01, 1330, at the Family Support Center. Learn the basics of the VA Home Loan Process such as applying for loans, understanding the entire VA escrow procedure, and more. Call 5-0134 to register. **An ATWIND Event!**

l. WIC Visit: The Women's, Infants, and Children's (WIC) office visits the Family Support Center each fourth Thursday of every month for Vandenberg personnel who meet program requirements. Next visit will be 26 Jul 01. WIC is a nutrition education program which provides supplemental food to promote good health for pregnant, breastfeeding and postpartum women, infants and children up to age five. For more information regarding appointments or enrollment contact the Lompoc WIC office at 737-6470 or the Family Support Center at 6-4636.

m. Individual Retirement Accounts: 27 Jul 01, 1100, at the Family Support Center. It's never too late to begin planning for your retirement. Today's IRA's offer greater flexibility and incentives for savings than ever before. Learn the differences between the Roth and Traditional IRA's, and how to determine the best for you and your family. Contact 6-4491 for registration or details. **An ATWIND Event!**

n. Financial Basics: 30 Jul 01, 1000, at the Family Support Center. Learn financial management basics such as checkbook maintenance, credit spending, choosing a financial institution, credit pitfalls, decoding financial terminology, and making your paydays count. Contact 6-4491 for registration or details. **An ATWIND Event!**

o. Marriage Enrichment: This program is offered on a one-on-one basis for couples who want to focus on effective communications to reduce the negative effects of conflict. Then conflict goes awry on a continuous basis, couples are more at risk of divorce or feeling dissatisfied with the marriage, which can effect work performance as well as personal well being. To schedule appointments contact Linda Bastine at 6-9958.

p. Give Parents A Break: Available to eligible parents for a few hours break from the stress of parenting. Families must be referred by the Squadron CC, First Sergeant, Chaplain, a medical professional, the Child Development Center, or Family Advocacy Office. Call 5-8551 to learn more.

q. Nursing Mom's Program: This program provides grants to rent electric breast pumps for ADAF families enrolled in Family Advocacy's New Parent's Program. The Family Advocacy Nurse Specialist determines the need. Call 5-8551 to learn more.

r. Hearts Apart: This program provides bi-weekly morale calls for immediate family of military members who are deployed, TDY, or remote. Call MSgt Spencer at 6-0039 to set up an appointment.

s. Volunteer Resource Program: Fill your free time or learn new skills. Ms. Agramonte assists active duty, family members, retirees, and DoD civilians with volunteer placement, either on or off base, with local agencies. To volunteer, call 5-8557.

t. Racquetball Court: Available 0830-1530 Mon-Fri. Reservations are required. Call 6-2221.

u. Relaxation Room: 0830-1530, Mon through Fri. Come sit in the massage chair, listen to soft music, and melt your stress away. Call the HAWC at 6-2221 to reserve your 30-minute session.

30th Services Squadron: (30 SVS/SVK, 6-0276)

a. Pacific Coast Club: (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- **Tops In Blue:** 28 Jul 01, 1845 doors open, show begins at 1930. "The Magic of Music" at the Cabrillo High School Gym. Free Admission. **An ATWIND Event!**
- Every Friday is **Club Card Drawing**. Don't miss out on your chance to win the Jackpot. Drawing is every Friday between 1700-2000. Must be present to win.
- 20 Jul 01, 1800-2200. **Karaoke Night** in the O-Lounge.
- 21 Jul 01, 2100-0400. **All Nighter** in the Hawk's Nest.

Menu

- **Lunch Time Buffet:** Not available the week of 2-6 Jul 01.
- **A La Carte Menu Dining** is available Wednesday & Thursday nights except during Mongolian BBQ, 1800-2000.
 - 17 Jul 01. **Oriental Buffet**. Family Night. \$8.95.
 - 18 Jul 01. Members Special. **Grilled Rib Eye**. \$10.95.
 - 19 Jul 01. **Mongolian BBQ**. \$5.95, \$.95 per additional ounce.
 - 24 Jul 01. **Southern Style Buffet**. Family Night. \$8.95.
- **Family Night:** Tuesday night is "Family Night" at the Club. Children under 10 years eat free from the new children's buffet when accompanied by a paying adult. Limit two children per one adult. No take-out orders. 1800-2000.
- **Foggio's:** Call and order ahead at 5-7800. JULY SPECIAL! Sunday Only. Get a large 2 topping pizza, family order of salad and breadsticks, and four regular fountain drinks for just \$15.

- b. **Fitness Center:** (30SVS/SVMP, 6-3832)
- **Ongoing Classes:** The Fitness Center has classes in Karate, Aerobics, Yoga and more. Stop by the Fitness center for the current schedule. For more information, call 736-6213.
 - 20 Jul 01, 1800. **Volleyball All-Star** game.
 - 11 Aug 01. **Triathlon.** Start training today for this event. Includes a 5K run, 20K bike, and 400 meter swim.
- c. **Family Aquatics Center:** (30SVS/SVRO, 6-3581)
- 23 Jul 01, 1815-1915. **Youth Water Polo.** Fundamentals and conditioning for water polo, for boys and girls age 8-14. Come learn this exciting water based team sport. Classes held Mon/Wed/Fri.
 - **Youth Swim Lessons:** Open Registration will be held from 0900-1300, Monday-Friday.
- d. **Bowling Center:** (30SVS/SVK, 6-3209)
- **Thunder Alley/Rock 300:** Glow and Bowl. Thursday, 1800-2100, Family Night. Friday, 2100-2400, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
 - **Bonanza Bingo.** Play daily from open to close. It's only \$1 per card for a chance to win up to \$1000.
 - **Eat & Bowl:** Every Friday between 1830 and 2100. Bowl three games, get a cheeseburger, fries and drink for just \$7.00.
- e. **Services Center:** (30SVS/SVYR, 5-8974)
- **Natural Knead Massage Therapy:** Therapeutic massage is a valuable addition to health care and fitness routines as a natural way to promote healthy body functioning, and to enhance the body's restorative powers. Located in the Services Center, call for appointments at 5-4748.
 - **Country Line Dancing:** Ongoing FREE dance lessons at the Service Center, Wednesday, 1830-2100.
- f. **Youth Center:** (30SVS/SVYY, 6-2152)
- **Parents Advisory Board!** Stop by the first Wednesday of every month for a Parents Advisory Board Meeting.
 - **Youth Sports Clinics:** Starting in July, the Youth Sports program will be offering Youth clinics in Softball, Baseball, and Soccer. These clinics are designed to improve fundamental skills, and are for youths age 8-14. Check with the Youth Center for more details.
 - 📅 23-27 Jul 01. **Softball Clinic** at softball field #1 (girls age 8-14). Register by 22 Jul 01.
 - 📅 30 Jul-3 Aug 01. **Youth Baseball Clinic** at the youth baseball field (age 8-13). Register by 27 Jul 01.
 - 📅 6-10 Aug 01. **Soccer Clinic** at the youth soccer fields (age 8-13). Register by 3 Aug 01.
 - **Volunteers Needed:** The Youth Sports program is always in need of volunteers. Positions for the upcoming seasons: coaches, commissioners, field managers, and publicity managers. To volunteer, please stop by the Youth Center or call 6-9374 for more information.
- g. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- 19 Jul 01, 0730: **Open Play Shotgun.**
 - 19 Jul 01, 1300: Operation Kids Christmas Tournament.
 - 20 Jul 01, 0730: **Open Play Shotgun.**
 - 20 Jul 01, 1230: AFA Shotgun Tournament.
 - 21-22 Jul 01. **Summer Open Tournament.** Play Full Handicap as of 1 Jul 01, by flight. 36 Hole – Medal Play. Sign up your own group and select a tee-time for Saturday. Entry deadline is 18 Jul 01. Cost is \$20 per player.
 - **Junior Lessons:** Saturdays at 1330, with Bob Kotoski. Cost is \$5 per child. No sign up needed.
 - **Ladies Priority:** Every Wednesday 0830-0900.
 - **Intramural Golf:** Tuesday and Thursday, 1130-1230.
- h. **Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
- **Open Skeet and Trap Shooting:** Every Wed, Fri, Sat, and Sun at 0830, except for special events.
 - **Hunter Safety Class:** 19-20 Jul 01, 1730-2230 each day. Class is offered through the Rod & Gun Club. Fee is \$15. Register in advance at the Rod & Gun Club.
- i. **Library:** (30 SVS/SVT, 6-6414)
- **Internet is Here!** The library now has Internet access available.
- j. **Outdoor Recreation:** (30SVS/SVRO, 6-5908)
- **Mountain Bike Ride:** 19 Jul 01, 1700. Beginner/Intermediate Bike Ride. Meet at Equipment Checkout, Bldg 11238. Cost is \$5.00. This is an ATWIND event.

- **Kern River Rafting Trips:** 21 or 22 Jul 01. Kern River Rafting Trips. Sign up for a rafting adventure. Eighteen spots are available for each trip. Lunch, transportation, and equipment provided. Must be at least 16 yrs of age. Cost is \$55 per person. Signup deadline for either trip is 18 Jul 01.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

a. Air Command and Staff College (ACSC): Seminar Enrollment Deadline is 18 Jul 01. The ACSC seminar program will start in August. Majors or Major Selectees from all services are eligible to enroll as well as GS-11s and above. **Two more individuals are needed to form a seminar for this August.** Seminars meet for approximately 10.5 months, 3 hours per week. Please call the Education Office at 5-5904 if you would like to enroll or have questions concerning the program.

b. VA Increases GI Bill Benefits By \$5400.00: Currently the GI Bill is worth \$23,400.00. Eligible members may add \$600.00 to the program. This will raise the GI Bill to \$28,800.00 — a \$5400.00 increase. Payments can be made as low as \$20.00 per month through an allotment. This benefit is ONLY open to active duty personnel who first entered active duty on or after 1 July 85 and who elected to participate in the GI Bill. Those who were Honorably discharged between 1 Nov 00 and 30 Apr 01 can also participate, but they must elect to make contributions NLT 31 Jul 01. Eligible members need to go to the Education Office in Bldg 14001 to sign up. Call ext. 5-5904 for more information.

c. Former VEAP Participants: Now is your chance to enroll in the Montgomery GI Bill - worth \$23,400 in education benefits over 36 months. Deadline is 1 Nov 01. Please contact the Education Office at Bldg 14001 (across from the base commissary) or call 5-5904 for questions.

Personal Computer Training Classes: (30CS/MCA, 6-3371)

a. New Classes:

Publisher 2000: Microsoft Publisher 2000 helps you easily create, customize, and publish materials such as newsletters, brochures, flyers, catalogs, and Web sites. Publish easily on your desktop printer, at a copy shop or commercial print shop, or directly to the Web.

Front Page 2000: The Microsoft FrontPage® 2000 Web site creation and management tool gives you everything you need to create and manage exactly the site you want, whether you're creating a personal Web page or a corporate Internet or intranet site.

Form Flow: Learn how to make this program behave better.

Lunch and Learn: Call 6-3771 for the schedule.

b. Classes are open to active duty military, DOD employees, Reservists, Guard and Volunteers supporting Team Vandenberg only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For questions only, not reservations, call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word; Excel; PowerPoint; Access. Classes offered are:

Introduction to Computers — A basic classes for beginners.

Word 97; Word 97 Advanced; Word 2000.

Excel 97; Excel 97 Advanced; Excel 2000.

PowerPoint 97; PowerPoint 2000.

Access 97; Access Lab, Access 2000 Beginning; Access 2000 Intermediate.

Palm PDA Beginning.

Project 98.

Publisher 2000.

Front Page.

Outlook 98, Outlook 98 Email Only.

c. Computer Based Training (CBT) Facility. In addition to the existing traditional demonstration/lecture courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for who are unable to satisfactorily complete CBT's at their Personal Computer in their regular work environment.